

My Name

Everyone's name is a special part of their identity and holds meaning that can connect them to different parts of their identity such as; their ancestors, family members, culture, migration stories, and languages spoken.



Explore what your name means by completing the reflection activities below.

Your name:

How was your name chosen?

Can you write your name in different languages?

What meaning does your name hold?

Is your name connected to other family members?

Where has your last or family name come from?

What do you like to be called?

Anything else?