

## Six Beat Salsa



## Global Links



*Salsa was developed in the mid 1900's in New York by Puerto Rican and Cuban immigrants but has its' roots in traditional Latin dance styles from the early 1900s. It is a partner dance heavily influenced by Afro-Cuban traditions, with the basic rhythm taking three steps for every four beats (or six steps for eight beats). Salsa is danced in restaurants, public squares, dance halls, bars and outdoor festivals.*

*Salsa is a world-wide known and loved Latin dance style. There are distinct different styles of Salsa that have developed in different locations across the globe; Cuban, Puerto Rican, Colombian, Los Angeles and New York. Today it is learnt and danced in every corner of the globe.*



## Vocabulary

One (n)

Uno

Two (n)

Dos

Three (n)

Tres

Four (n)

Cuatro

Five (n)

Cinco

Six (n)

Seis

Curriculum Links

The Arts: Dance

## Dance

### Six Beat Salsa

Play the audio and/or the video on these classic Colombian salsa tracks:



[Celia Cruz – La vida es un carnaval](#)



[Marc Anthony – Aguanile](#)



### Explore!

Which dance types can students in your class do? What about teachers at your school? Can they teach you a different style of dance?



### Six Beat Salsa video:

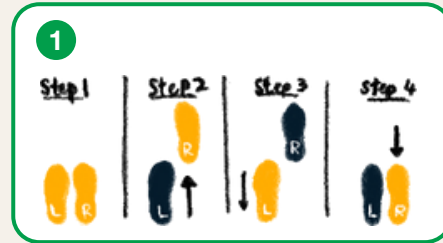


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## A. Method Basic pattern



Face the front, step the right foot forward, step back on the left step the right foot back together with the left foot.



Now step back on the left, forward on the right, and the left foot back together with the right foot.



Practise and repeat steps 1 and 2.

## B. Method Partner dance



Find a partner to dance with, face each other and hold both hands.



One of you will step forward on the right foot, back on the left, together with the right. At the same time their partner will step back on the left, forward on the right, together with the left.



Practise to music!

Tip! Dancers' feet should be doing the opposite to their partner so no one stands on each others feet